

Trixie Waltz - by Michael and Michelle Benton (1991)

Time 3/4. 30bpm. Normal Ballroom Hold is maintained throughout. Man facing, lady backing DW. Man's steps described, lady dances counterpart unless otherwise stated.

Bar	Footwk	Count
FWD PASSING CHANGE - OVERTURNED NATURAL SPIN TURN INTO TURNING LOCK TO PROMENADE		
1	LF fwd DW, com to turn slightly to L (<i>Lady RF back DW, com to turn slightly to L, TH</i>)	H 1
	RF diagonally fwd, cont slight turn to L (<i>Lady LF diagonally back, cont slight turn to L, TH</i>)	T 2
	LF fwd DW, cont slight turn to L (<i>Lady RF back DW, cont slight turn to L, TH</i>)	TH 3
2	RF fwd in CBMP DW, turning to R (<i>Lady LF back in CBMP, turning to R, TH</i>)	H 1
	LF fwd and to side DW (<i>Lady RF back and to side DW, TH</i>)	T 2
	Close RF to LF, now backing LOD, cont to turn to R (<i>Lady close LF to RF, now facing LOD, cont to turn to R, TH</i>)	TH 3
3	LF back down LOD, small step, Toe Pivot, turning strongly 1/2 to R to face LOD (<i>Lady RF fwd down LOD, turning strongly to R, HT</i>)	THT 1
	RF fwd in CBMP, between partner's feet, down LOD, cont to turn to R to backing DC (<i>Lady LF back down LOD, brush RF to LF, THT LF, IET RF</i>)	HT 2
	Cont to turn to R, backing LOD, LF diagonally back DW (<i>Lady RF diagonally fwd DW, TH</i>)	TH 3
4	Cont to turn to R, RF back down LOD (<i>Lady LF fwd, preparing to step OP on his L side, HT</i>)	TH 1
	Cont to turn to R, cross LF in front and slightly fwd of RF, backing DW, moving to centre (<i>Lady cross RF behind RF, T</i>)	T 2
	Cont turning R, RF fwd DC between partner's feet, small step, facing and moving to between centre and DC (<i>Lady LF fwd, small side step, to wall, and turning strongly to R, T</i>)	T &
	Cont to turn to R, turning partner to PP and moving DC facing partner, LF fwd in PP (<i>Lady in PP RF fwd and slightly back DC, small step, TH</i>)	TH 3
QUICK OPEN REVERSE FROM PP WITH SLIP PIVOT ENDING - DOUBLE REVERSE SPIN - OPEN TELEMARQUE - REVERSE TWIST TURN		
5	RF fwd DC in PP and CBMP, com to turn to L (<i>Lady LF fwd in PP and CBMP, com to turn to L, and to close to partner, H</i>)	H 1
	LF fwd DC, turning lady square, turning to back DC (<i>Lady RF to side and slightly back, turning square, T</i>)	T &
	RF to side DC, lady in line (<i>Lady LF fwd to side DC, T</i>)	T 2
	LF back DC PO on R side (<i>Lady RF fwd OP on R side, T</i>)	TH 3
	Turning strongly to L on LF to face DW, RF back DW against LOD, small step, Slip Pivot (<i>Lady LF fwd between partner's feet, BOF</i>)	TH &
6	Taking weight back onto RF, cont to turn to L facing LOD, LF fwd DC in CBMP, small step, into Double Reverse Spin (<i>Lady taking weight on to ball of LF, cont to turn to L, RF back DC, TH</i>)	H 1
	Cont to turn to L, RF fwd curving around partner to face against LOD (<i>Lady Heel Turn, THT</i>)	T 2
	Cont to turn to L on ball of RF, close LF to RF ww (<i>Lady twist to L allowing LF to cross in front of RF, with weight on LF, TH</i>)	TH 3

7	LF fwd down LOD, cont to turn smoothly to L (<i>Lady RF back, Heel Turn, THT</i>)	H	1
	RF fwd, curving around partner to face DW against LOD and turning lady to PP (<i>Lady close LF to RF, T</i>)	T	2
	Facing DW against LOD and partner, LF fwd and slightly back DW in PP (<i>Lady RF fwd DW in PP, TH</i>)	TH	3
8	RF fwd, heel on to ball of foot, R knee flexed, DW in PP and strong CBMP, pivot to L on ball of RF, turning lady square, and swinging LF around behind RF into a loose cross, LF behind RF (<i>Lady LF fwd and across, toe on to ball of foot, L knee flexed and turn on ball of LF allowing RF to swing around partner's feet, LF crosses briefly behind RF, take weight back into RF, and allow LF to late cross in front of RF, HT RF, TH LF</i>)	HB	1
	Cont to turn to L, with LF now crossed behind RF, end facing wall, take weight on to LF (<i>Lady take weight on to RF, TH</i>)	T	2
	Cont slight turn to L to face DW, take weight back on to RF preparing for Travelling Contra Check (<i>Lady take weight onto LF, TH</i>)	TH	3
TRAVELLING CONTRA CHECK TO PROMENADE - 1 TO 6 WEAVE FROM PROMENADE INTO PROMENADE - SLIP PIVOT			
9	With strong CBMP, and lowering of body, check LF fwd DW, R shoulder developing strong lead with R sway into Travelling Contra Check action (<i>Lady back RF back to wall, TH</i>)	HT	1
	Using sway to L, (<i>Lady sway to R</i>) rising from Contra Check and keeping lady in line, swing RF fwd DW between partner's feet (<i>Lady back LF and behind RF, brush RF to LF, TH LF, IET RF</i>)	T	2
	Turning lady to PP, LF to side and slightly back DC (<i>Lady turn to R to PP, RF to side and fwd DC, TH</i>)	TH	3
10	RF fwd DC in PP and CBMP, com to turn lady square, com to turn to L (<i>Lady LF fwd DC in PP and CBMP, com to turn square, com to turn to L, HT</i>)	H	1
	LF fwd DC with lady in line, turning L to backing DC (<i>Lady RF to side DC, T</i>)	T	2
	RF to side DC (<i>Lady LF to side, TH</i>)	TH	3
11	LF back DC PO on R side, com to turn lady to PP (<i>Lady RF fwd DC OP on R side, HT</i>)	TH	1
	RF back, turning to PP (<i>Lady LF fwd, turning to PP, T</i>)	TH	2
	LF to side and slightly back DW in PP (<i>Lady RF fwd DW in PP, TH</i>)	TH	3
12	RF fwd in PP and CBMP DW, com to turn R (<i>Lady LF fwd DW in PP and CBMP, no turn, H</i>)	H	1
	LF fwd and across, turning lady square, backing DW (<i>Lady RF fwd, preparing to step OP on R side, T</i>)	T	2
	RF back PO on R side and com to turn to R (<i>Lady LF fwd com turn on ball of LF, brush RF to LF, T LF, IET, RF</i>)	TH	3
	Replace weight back onto LF with strong turn to R to face DW, turning lady square and preparing to step OP on R side (<i>Lady RF fwd, small step, OP on R side, THT</i>)	TH	&
NATURAL PIVOT TURNS - LADY RONDE´ - SLIP PIVOT - DOUBLE REVERSE SPIN			
13	Com Natural Pivots (timing over bars 13 and 14, 1 2 & 3 & 1 2 3) RF fwd in CBMP OP down LOD, turning strongly R (<i>Lady LF back, Pivot Turn, THTH</i>)	HT	1
	Cont to turn to R, LF back down LOD and slightly to wall, strong pivot to face LOD (<i>Lady RF fwd, H</i>)	THT	2
	Cont to turn to R, RF fwd in CBMP between partner's feet, down LOD, turning strongly to R (<i>Lady LF fwd, T</i>)	HT	&

	Cont to turn R, LF back down LOD and slightly to wall, strong pivot to face LOD <i>(Lady RF fwd, HT)</i>	TH	3
	Cont to turn to R, RF fwd in CBMP down LOD turning strongly to R <i>(Lady LF back, TH)</i>	HT	&
14	Cont to turn R, LF back down LOD and slightly to wall, strong pivot to face LOD <i>(Lady RF fwd, HT)</i>	TH	1
	Cont to turn to R, RF fwd in CBMP down LOD, turning strongly R <i>(Lady LF back, TH)</i>	HT	2
	Cont to turn to R, LF back down LOD and slightly to wall, strong pivot to face centre <i>(Lady RF fwd down LOD, HT)</i>	TH	3
15	RF fwd to centre, abruptly check, cont rotation to R with hips and upper body <i>(Lady cont to turn to R following the turn of partner's hips and upper body, rondé R foot in smooth curve)</i>	H	1
	With weight still on RF, slide LF sideways behind RF along LOD, small step, to match the end of the lady's RF rondé, now in PP <i>(Lady RF now behind LF, TH)</i>	TH	2
	RF to side and back, smoothly taking weight, small step DW, turning lady square on her matching fwd step, com to turn to L <i>(Lady turn 1/2 to L on ball of RF to face partner, and take a small step fwd between partner's feet DW, TH)</i>	TH	3
16	LF fwd in CBMP, small step, into Double Reverse Spin <i>(Lady take weight on to ball of LF cont to turn to L, RF back, TH)</i>	HT	1
	Cont to turn to L, RF fwd, curving around partner to face against LOD <i>(Lady Heel Turn, THT)</i>	T	2
	Cont turning L, close LF to RF ww, face DW <i>(Lady twist allowing LF to cross in front of RF, with weight on LF, TH)</i>	TH	3