

President's Daughter's Waltz

by Russ Hesketh (2011)

Time 3/4. Tempo 49/50bpm. 32 bar sequence. Commence in Open Extended Hold, man facing DW, lady facing DC. Man's steps described, lady dances normal counterpart unless otherwise stated.

Bar		FWork	Timing
TWO WALKS - THREE STEP			
1	LF fwd down LOD in CBMP, slight body turn to L by slightly flexing L knee and releasing L heel (<i>Lady RF fwd down LOD in CBMP, slight body turn to R by slightly flexing R knee and releasing R heel, HB</i>)	HB	1
	Brush RF to LF ww (<i>Lady brush LF to RF, IET</i>)	IET	2 3
2	RF fwd down LOD in CBMP, slight body turn to R by slightly flexing R knee and releasing R heel (<i>Lady LF fwd down LOD, slight body turn to L by slightly flexing L knee and releasing L heel, HB</i>)	HB	4
	Brush LF to RF ww (<i>Lady brush RF to LF ww, IET</i>)	IET	5 6
3	LF fwd down LOD (<i>Lady RF fwd down LOD, HT</i>)	HT	1
	RF fwd down LOD (<i>Lady LF fwd down LOD, TH</i>)	TH	2 3
4	LF fwd down LOD, moving ahead of lady (<i>Lady RF fwd down LOD, allowing partner to move ahead, H</i>)	HB	4 5
	With slight turn to L by flexing L knee and releasing L heel, brush RF to LF ww (<i>Lady brush LF to RF ww, IET</i>)	IET	6
NATURAL TURN (LADY REVERSE TURN UNDER PARTNER'S ARM) - STEP AND AERIAL DOWN LOD - STEP AND AERIAL AGAINST LOD			
5	Maintaining hold with RH to lady's LH, com to turn to R, Natural Turn, passing in front of lady, raising joined hands, RF fwd DW, com to turn lady to her L under raised joined hands (<i>Lady com to turn to L, Reverse Turn, LF fwd DC, passing partner under raised hands, HT</i>)	HT	1
	LF to side DW, backing DC, cont to turn lady to her L under raised hands (<i>Lady RF to side DC, passing under raised hands, T</i>)	T	2
	Close RF to LF, backing DC (<i>Lady close LF to RF, backing DW, TH</i>)	TH	3
6	Cont slight turn to R, LF back DW (<i>Lady cont slight turn to L, RF back DC, THT</i>)	THT	4
	Cont slight turn to R, RF to side along LOD, facing partner (<i>Lady cont slight turn to L, LF to side along LOD, facing partner, T</i>)	T	5
	Close LF to RF, taking weight, facing centre and partner, adopting Double Hold, com body turn to R (<i>Lady close RF to LF, end facing wall and partner, adopting Double Hold, com body turn to L, TH</i>)	TH	6
7	Maintaining Double Hold, RF fwd down LOD in Counter PP, raising LH and lowering RH (<i>Lady LF fwd down LOD in Counter PP, raising RH and lowering LH, HT</i>)	HT	1
	Swing LF fwd down LOD into Medium Aerial, strong CBMP (<i>Lady swing RF fwd down LOD into Medium Aerial, strong CBMP</i>)	-	2
	Lower LF to RF ww, turning to L on ball of RF, returning hands to normal position (<i>Lady lower RF to LF ww, turning on ball of RF, T</i>)	IET	3
8	LF fwd against LOD in PP Double Hold, raising RH and lowering LH (<i>Lady RF fwd against LOD in PP Double Hold, raising LH and lowering RH, HT</i>)	HT	4

	Swing RF fwd against LOD into Medium Aerial, strong CBMP (<i>Lady swing LF fwd against LOD into Medium Aerial, strong CBMP</i>)	-	5
	Lower RF to LF ww, turning to R on ball of LF, returning joined hands to normal position (<i>Lady lower LF to RF ww, turning to R on ball of RF, T</i>)	IET	6
OPEN TURN TO RIGHT (LADY TO LEFT) - THREE STEP AND AERIAL - STEP AND LUNGE AGAINST LOD			
9	RF fwd down LOD, releasing hold, strong turn to R in Solo Turn to face wall (<i>Lady LF fwd down LOD, releasing hold, strong turn to L to face centre, HT</i>)	HT	1
	LF to side along LOD, facing wall, cont turning to R to end backing LOD, cont to turn to R, completing one full turn to R (<i>Lady RF to side along LOD, facing centre, backing to partner, cont slight turn to L to end backing LOD, completing one full turn to L, THT</i>)	THT	2 3
10	Cont turning to R, RF fwd down LOD, passing through facing centre and partner, adopting Double Hold in Counter PP (<i>Lady cont to turn to L, LF fwd down LOD, passing through facing wall and partner, adopting Double Hold in Counter PP, HT</i>)	HT	4
	LF fwd and across RF down LOD, small step, toe turned out, in strong CBMP (<i>Lady RF fwd and across LF down LOD, small step, toe turned out, in strong CBMP, TH</i>)	TH	5 6
11	Maintaining Double Hold, RF fwd down LOD in Counter PP, raising LH and lowering RH (<i>Lady LF fwd down LOD in Counter PP, raising RH and lowering LH, HT</i>)	HT	1
	Swing LF fwd down LOD into Medium Aerial, strong CBMP (<i>Lady swing RF fwd down LOD into Medium Aerial, strong CBMP</i>)	-	2
	Lower LF to RF ww, turning to L on ball of RF, returning joined hands to normal position (<i>Lady lower RF to LF ww, turning to R on ball of LF, T</i>)	T	3
12	Releasing LH, turning strongly to L, LF fwd against LOD, very strong CBM, strong flexing of L knee, extending RH fwd, holding lady's LH, almost backing to partner at the shoulders, and extending LH to side and back in Open Extended Hold (<i>Lady releasing RH, RF fwd against LOD, very strong CBM, strong flexing of R knee, extending LH fwd, holding man's RH, almost backing to partner at the shoulders, extending RH to side and back in Open Extended Hold, H</i>)	H	4
	Com body turn to R to normal position, almost straightening L knee, backing LOD (<i>Lady com body turn to L, almost straitening R knee, backing LOD, TH</i>)	TH	5
	Recover from Lunge, retain weight on LF, RF pointing back against LOD ww (<i>Lady recover from Lunge, retain weight on RF, LF pointing back against LOD ww, IET</i>)	IET	6
1 TO 3 NATURAL TURN (LADY REVERSE TURN TO WALL) - ROLLING SOLO LUNGE TO LEFT (LADY TO RIGHT) - BACKWARD THREE STEP (LADY REVERSE TURNING THREE STEP WITH SPIRAL ACTION)			
13	Turning to R, brush RF to LF and cont fwd to centre, raising R hand, crossing behind lady, turning lady under raised RH as she moves towards wall, LH extended to side (<i>Lady turning to L, brush LF to RF and fwd to wall, passing in front of man under raised hands, drawing RH in to body then extending to side, HT</i>)	HT	1
	LF to side towards centre, crossing behind lady (<i>Lady RF to side towards wall, crossing in front of partner, T</i>)	T	2
	Releasing hold, close RF to LF completing change of places, end facing LOD at least an arm's length away from partner to the L and slightly behind (<i>Lady close LF to RF completing change of places, end facing LOD at least an arm's length away</i>)	TH	3

	<i>from partner to the R and slightly in front, TH)</i>		
14	LF to side to centre into Solo Lunge, very strong CBM, with RH in front and curved across body down LOD, LH raised above head, take weight strongly into L foot with L knee deeply flexed, R toe pointing DW (<i>Lady releasing hold, RF fwd down LOD into Solo Lunge, very strong CBM, with LH in front and curved across body down LOD, RH raised above head, take weight strongly into R foot, L toe pointing DC, H</i>)	H	4 5 6
15	RF back, small step, returning hands to normal position, in line with body at shoulder height, lady still at least an arm's length away (<i>Lady replace weight to LF, returning hands to normal position, TH</i>)	TH	1 2
	LF back, small step, taking hold man's LH to lady's RH (<i>Lady turning very strongly to L into Spiral Turn, RF fwd and across LOD towards partner, taking hold lady's RH to man's LH, cont to turn to L and allow LF to cross in front of RF ww, HTH RF, IET LF</i>)	TH	3
16	RF back against LOD, lady moving square, closing to partner (<i>Lady moving square to partner, RF fwd to partner, closing to partner</i>)	TH	4 5
	Brush LF to RF ww, facing DW, com to close to Ballroom Hold (<i>Lady brush RF to LF ww, backing DW, com to close to Ballroom Hold,)</i>	IET	6
VIENNESE WALTZ REVERSE TURN - CONTRA CHECK AND SLIP PIVOT			
17	In Normal Ballroom Hold, LF fwd down LOD, turning to L (<i>Lady RF back down LOD, turning to L, THT</i>)	HT	1
	RF to side, backing DW, cont to turn to L (<i>Lady LF to side along LOD, cont to turn to L, T</i>)	T	2
	Allow LF to cross in front of RF, backing DW (<i>Lady close RF to LF, end backing DW, TH</i>)	TH	3
18	RF back down LOD, cont to turn to L (<i>Lady LF fwd down LOD, turning to L, HT</i>)	THT	4
	LF to side along LOD, pointing DW (<i>Lady RF to side along LOD, T</i>)	T	5
	Close RF to LF, end facing DW (<i>Lady allow LF to cross in front of RF, end backing DW, TH</i>)	TH	6
19	LF fwd DW, Contra Check, flexing knees, strong R shoulder lead, square to partner (<i>Lady RF back DW, flexing knees, strong L shoulder lead, square to partner, THT</i>)	H	1 2
	Transfer weight back to RF, turning slightly to R (<i>Lady transfer weight fwd to L, turning slightly to R, TH</i>)	TH	3
20	Slip LF back, small step, backing to centre (<i>Lady brush RF fwd to LF ww, small step, facing centre, THT</i>)	TH	4 5 6
TWIST TURN - VIENNESE WALTZ NATURAL TURN			
21	Cross RF behind LF and untwist to R, uncrossing feet to end facing centre (<i>Lady three small steps circling around partner, LF fwd, RF fwd, LF fwd, end facing wall, T, T, TH</i>)	TH	1 2 3
22	Cont to untwist to R, end facing LOD with weight on LF, flexing L knee slightly (<i>Lady RF fwd, small step OP on R side, against LOD, slightly flexing R knee, HT</i>)	TH	4 5 6
23	Cont slight turn to R to face DW, RF fwd DW OP on R side, turning to R (<i>Lady turning to R, LF back DW, PO on R side, THT</i>)	HT	1
	LF to side across LOD, cont to turn to R (<i>Lady RF diagonally fwd down LOD, cont to turn to R, T</i>)	T	2
	Close RF to LF, backing DC (<i>Lady close LF to RF, end facing DC, TH</i>)	TH	3

24	LF back DW, cont to turn to R (<i>Lady RF fwd DW, turning to R, THT</i>)	THT	4
	RF to side DC, cont to turn to R (<i>Lady LF to side, cont to turn to R, T</i>)	T	5
	Close LF to RF, end facing centre (<i>Lady close RF to LF, end backing to centre, TH</i>)	TH	6
EROS LINE AND RECOVER - THROWAWAY OVERSWAY			
25	RF to side along LOD, toe pointing DC, LF in place, straightening R leg, stretching R side, Eros Line (<i>Lady LF diagonally back down LOD, raise R leg back from the hip, toe pointing backwards at hip height, headline to R, Eros Line, strong upward stretch</i>)	THT	1 2 3
26	Transfer weight to LF slightly back, returning body to normal position and headline to L, facing centre (<i>Lady recover from Eros Line, RF to side and fwd in front of partner, backing to centre, T</i>)	TH	4 5 6
27	Dance Throwaway Oversway, to L on LF, com facing centre then, body and hips turning strongly to L (<i>Lady extend L leg back against LOD, toe pointing and in contact with floor, strong body turn to L, Throwaway Oversway, IET</i>)	HT	1 2 3
28	Recover from Oversway, close RF to LF, facing DW (<i>Lady recover from Oversway, close LF to RF, backing DW, TH</i>)	TH	4 5 6
TWO REVERSE VIENNESE WALTZ TURNS TO OPEN EXTENDED HOLD			
29	Facing DW and com to turn to L. LF fwd down LOD, cont to turn to L (<i>Lady RF back down LOD, turning to L, THT</i>)	HT	1
	RF to side along LOD, backing DW, cont to turn to L (<i>Lady LF to side along LOD, pointing DW, cont to turn to L, T</i>)	T	2
	Allow LF to cross in front of RF, backing LOD (<i>Lady close RF to LF, end facing LOD, TH</i>)	TH	3
30	RF back down LOD, cont to turn to L (<i>Lady LF fwd DC, turning to L, HT</i>)	THT	4
	LF to side along LOD, pointing DW, cont to turn to L (<i>Lady RF to side, backing DW, cont to turn to L, T</i>)	T	5
	Close RF to LF, end facing LOD (<i>Lady allow LF to cross in front of RF, end backing LOD, TH</i>)	TH	6
31	LF fwd down LOD, turning to L (<i>Lady RF back DC, turning to L, TH</i>)	HT	1
	RF to side, backing DW, cont to turn to L (<i>Lady LF to side along LOD, pointing DW, cont to turn to L, T</i>)	T	2
	Allow LF to cross in front of RF, backing LOD (<i>Lady close RF to LF, end facing LOD, TH</i>)	TH	3
32	RF back DC, cont to turn to L (<i>Lady LF fwd down LOD, HT</i>)	THT	4
	LF to side along LOD, pointing DW, moving away from partner to L, end facing LOD (<i>Lady RF fwd down LOD, moving away from partner to R, end facing LOD, T</i>)	T	5
	Releasing hold, close RF to LF, facing LOD, adopting Open Extended Hold (<i>Lady releasing hold, close LF to RF, facing LOD, adopting Open Extended Hold, TH</i>)	TH	6