

Parma Waltz .by N. C. Locke (1920)

The Parma Valse was Awarded 1st Class Diploma at the British Association of Dancing, 28th Annual Conference, June 1920. The dance was invented and arranged by N. C. Locke (Sunderland) and the music was composed by Gilbert C. Handy. This dance was (originally) commenced in the Skater's Hold similar to the Merrilyn Hold.

At the bottom of the (original) discription of the dance the following notation is quoted. "This dance must not be performed unless the original music is used for same, but may be played or danced in public without fee or licence.

Time 3/4. Tempo 48/54bpm. Commence in Right Shadow Hold, both facing LOD, LH to LH RH to RH at about shoulder height. Man's steps described, lady dances normal counterpart unless otherwise stated. Man and lady dance similar steps up until bar 23.

Bar		FWork	Timing
TWO WALKS - TURN TO RIGHT TO END BACK LOD - BACKWARD WALKS			
1	LF fwd down LOD	H	1 2
	Brush RF to LF ww	T	3
2	RF fwd down LOD, com to turn to R	HTH	4 5
	Cont to turn to R to end backing LOD, brush LF to RF ww, lady now on man's L side in Left Shadow Hold	T	6
3	LF back down LOD	TH	1 2
	RF back down LOD	TH	3
4	LF back down LOD	TH	4 5
	Brush RF to LF ww	T	6
REPEAT BARS 1 TO 4 MOVING AGAINST LOD			
5	RF fwd against LOD	H	1 2
	Brush LF to RF ww	T	3
6	LF fwd against LOD, com to turn to L	HTH	4 5
	Cont to turn to L to end backing against LOD, brush RF to LF ww, lady now on man's R side in Right Shadow Hold	T	6
7	RF back against LOD	TH	1 2
	LF back against LOD	TH	3
8	RF back against LOD	TH	4 5
	Brush LF to RF ww, facing LOD	T	6
FOUR FWD WALKS			
9	LF fwd down LOD	H	1 2
	Brush RF to LF ww, slight body turn to L	T	3
10	RF fwd down LOD	H	4 6
	Brush LF to RF ww, slight body turn to R	T	6
11	LF fwd down LOD	H	1 2
	Brush RF to LF ww, slight body turn to L	T	3
12	RF fwd down LOD	HT	4 6
	Brush LF to RF ww, slight body turn to R, end body facing DW, preparing to move to side DC	T	6
LOCK STEP TO LEFT - LOCK STEP TO RIGHT (Scissor movement)			
13	LF to side DC, L side leading, man behind lady, body facing DW	T	1 2

	Cross RF behind LF, moving DC, L side leading	T	3
14	LF to side DC, allowing R side to overtake L side	THT	4 5
	Brush RF to LF ww, slight body turn to L	T	6
15	RF to side DW, R side leading, man behind lady, body facing DC	T	1 2
	Cross LF behind RF, moving DW, R side leading	T	3
16	RF to side DW, allowing L side to overtake R side	THT	4 5
	Brush LF to RF ww, slight body turn to R, end body facing DW	T	6
REPEAT BARS 13 TO 16			
17	LF to side DC, L side leading, man behind lady, body facing DW	T	1 2
	Cross RF behind LF, moving DC, L side leading	T	3
18	LF to side DC, allowing R side to overtake L side	THT	4 5
	Brush RF to LF ww, slight body turn to L	T	6
19	RF to side DW, R side leading, man behind lady, body facing DC	T	1 2
	Cross LF behind RF, moving DW, R side leading	T	3
20	RF to side DW, allowing L side to overtake R side	TH	4 5
	Brush LF to RF ww, slight body turn to R, end body facing LOD	T	6
TWO WALKS - BREAK - CLOSE TO BALLROOM HOLD			
21	LF fwd down LOD (<i>Lady LF fwd down LOD, H</i>)	H	1 2
	Brush RF to LF ww (<i>Lady brush RF to LF, T</i>)	T	3
22	RF fwd down LOD, releasing LH hold, com to turn to R to face wall (<i>Lady RF fwd down LOD, releasing LH hold, turning to R to face against LOD, HTH</i>)	HTH	4 5
	Brush LF to RF ww, RH to RH hold (<i>Lady cont turning to R, brush LF to RF, end facing centre and partner, RH to RH hold, T</i>)	T	6
23	Cont slight turn to R, LF back to centre (<i>Lady cont slight turn to R, LF back to wall, TH</i>)	TH	1 2
	Brush RF to LF ww, cont slight turn to R (<i>Lady brush RF to LF, cont slight turn to R, T</i>)	T	3
24	RF fwd to wall and partner, cont slight turn to R, taking Ballroom Hold, end backing DC (<i>Lady RF fwd to centre and partner, taking Ballroom Hold, end facing DC, H</i>)	H	4 5
	Brush LF to RF ww, cont slight turn to R, end backing LOD (<i>Lady close LF to RF with weight change, cont slight turn to R, end facing LOD and partner, TH</i>)	T	6
NATURAL WALTZ ENDING (Rotate smoothly to R)			
25	LF back down LOD (<i>Lady RF fwd down LOD</i>)	TH	1
	RF to side down LOD (<i>Lady LF to side down LOD</i>)	T	2
	Close LF to RF facing LOD (<i>Lady close RF to LF backing LOD</i>)	F	3
26	RF fwd down LOD (<i>Lady LF back down LOD</i>)	HT	4
	LF to side down LOD (<i>Lady RF to side down LOD</i>)	T	5
	Close RF to LF backing LOD (<i>Lady close LF to RF facing LOD</i>)	TH	6
27	LF back down LOD (<i>Lady RF fwd down LOD</i>)	TH	1
	RF to side down LOD (<i>Lady LF to side down LOD</i>)	T	2
	Close LF to RF facing LOD (<i>Lady close RF to LF backing LOD</i>)	F	3

28	RF fwd down LOD (<i>Lady LF back down LOD</i>)	HT	4
	LF to side down LOD (<i>Lady RF to side down LOD</i>)	T	5
	Close RF to LF backing LOD (<i>Lady close LF to RF facing LOD</i>)	TH	6
29	LF back down LOD (<i>Lady RF fwd down LOD</i>)	TH	1
	RF to side down LOD (<i>Lady LF to side down LOD</i>)	T	2
	Close LF to RF facing LOD (<i>Lady close RF to LF backing LOD</i>)	F	3
30	RF fwd down LOD (<i>Lady LF back down LOD</i>)	HT	4
	LF to side down LOD (<i>Lady RF to side down LOD</i>)	T	5
	Close RF to LF backing LOD (<i>Lady close LF to RF facing LOD</i>)	TH	6
31	LF back down LOD (<i>Lady RF fwd down LOD</i>)	TH	1
	RF to side down LOD (<i>Lady LF to side down LOD</i>)	T	2
	Close LF to RF facing LOD (<i>Lady close RF to LF backing LOD</i>)	F	3
32	RF fwd down LOD breaking hold to face down LOD (<i>Lady LF back down LOD, breaking Ballroom Hold to face LOD</i>)	HT	4
	LF fwd DC moving into Right Shadow Hold (<i>Lady RF DW turning R, moving into Right Shadow Hold</i>)	T	5
	Close RF to LF facing LOD (<i>Lady close LF to RF ww facing LOD</i>) take Right Shadow Hold	TH	6